

What's for lunch?

The flavors and lunches of Exter worldwide

At Exter we are at home in all tastes. Among the staff are many foodies and culinary experts. Which kind of taste explosion do we find in their lunchboxes?

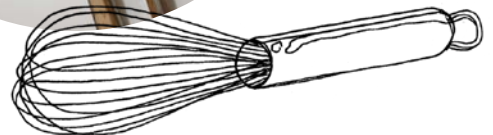
Endang

Salesmanager, Jakarta, Indonesia

What are you eating?

'Yellowish spicy fish (Pesmol) made from fresh water fish then cooked with so many spices and leaves with Broccoli, Carrot, rice and tomatoes. The fish is prepared according to the Indonesian recipe for 'Pesmol ikan' which has many spices. The tomatoes are eaten last to remove the taste of fish from one's mouth.'

Did you know Endang once ran her own catering company which shows in her choice of culinary lunch?



Lorelie

Technical Sales Manager, Cevillia, Philippines

What are you eating?

'White rice, eggplant omelette (Tortang talong) with ripe mango as my dessert and banana catsup as my dipping sauce! In mijn lunchgerecht zit altijd rijst, dat combineer ik met vis of kip en groenten. De groenten vervang ik soms door fruit als toetje te nemen. Wanneer ik naar Nederland ga neem ik altijd noedels mee, want ik ben niet zo van het brood.'

Did you know in the Philippines, people normally have a 1-hour lunch break, it is a very important meal?



Sofah

Junior QA/SHE Officer (Quality & Assurance / Safety, Health & Environment), Bangkok, Thailand

What are you eating?

'Pad Thai: thin ricenoodles with shrimps, soy sauce and honey and garnished with peanuts and coriander. Je eet het met noedels of rijst, Instant noodles are my best friends in many situation. It can develop into many menus such as fried noodles (for health, I add some vegetables and meat). I prefer eating noodles than rice. Pad Thai is always a good choice for me.'

Did you know Pad Thai is very popular in Thailand?

Jelmer

Business System Manager, Zaandam, the Netherlands

What are you eating?

'Two slices of brown bread with grilled sausage and two slices of brown bread with cheese, cherry jam or sambal.'

Did you know Since Jelmer has been working at Exter, for over 5 years, he has been eating the same lunch?



Yimin

Technical Application Manager, Shanghai, China

What are you eating?

'They are steamed vermicelli roll and rice noodles, then the main course - rice with pork pie. I love that pork pie it's really yummy. This lunch is my favorite Cantonese foods, recommended by Hao.'

Did you know in China you can easily order lunch online, they select different delicious foods every day?

